



CHURCH LEADER RESOURCE GUIDE TO FAMILY SERVICES

Family Services assists leaders to help members develop emotional self-reliance and overcome obstacles to making and keeping sacred covenants.

CONSULTATION SERVICES

Church leaders may consult with Family Services staff to better understand the social and emotional needs and challenges of their members and to determine what resources and services are available. Bishops may receive information about counselling options, including appropriate community resources from their local Family Services office.

For information on social and emotional issues, visit counselingresources.ChurchofJesusChrist.org.

When a bishop or stake president becomes aware of or suspects the possibility of abuse, he must immediately call the Pacific Area Abuse Helpline (09-488 5592). Family Services can help to identify counselling and support resources for all parties involved in abuse situations.

COUNSELLING SERVICES

After consultation and at the request of the Church leader, Family Services may provide professional counselling for individuals, couples, and families (limited availability). Family Services staff also develop and maintain community resource partnerships (i.e. professional counsellors) and may help Church leaders identify additional resources as needed.

MISSIONARY SERVICES

Pre-mission—At the request of a bishop or stake president, pre-mission evaluations are available at no cost to candidates who experience social and emotional issues that may impede mission success. Family Services is also available to consult with Church leaders to strengthen missionary candidates' preparation for service.

In-Field—As approved by the mission president, some missionaries may receive treatment from Family Services counsellors or other qualified mental health professionals.

Early Return—Missionaries who return home early may receive up to six counselling sessions at no cost.

ADDRESSING COMPULSIVE OR ADDICTIVE BEHAVIOURS

Family Services helps individuals and families address pornography use and other compulsive or addictive behaviours. These services include consultation, counselling (limited availability) or referral for counselling, Hope and Healing through Jesus Christ support groups (ARP), and assistance to identify other needed resources.

Hope and Healing (ARP) support groups may be available for individuals and for spouses and other family members of those who struggle with compulsive or addictive behaviours, including the use of pornography, drugs, or alcohol. These meetings focus on change and healing through the Saviour Jesus Christ and His Atonement and may be initiated at the stake or regional level.

Meetings are free and do not require a bishop's referral. To find a meeting near you, contact your local Family Services office or visit addictionrecovery.ChurchofJesusChrist.org.

Church leaders who are interested in providing this resource should contact their local Family Services office.

STRENGTHENING MARRIAGE AND FAMILY

Family Services may assist Church leaders in strengthening marriages and families through consultation and referral to counselling services. Additionally, manuals for the Strengthening Marriage and Strengthening the Family courses are available to Church leaders. These resources help families build harmonious and loving relationships. These courses may be taught at ward and stake levels. Download materials from the Gospel Library or providentliving.ChurchofJesusChrist.org/lds-family-services/strengthening-marriage.

COUNSELLING FOR SINGLE EXPECTANT PARENTS

Professional counselling is available to single expectant parents and their families at no cost. The counselling includes help regarding unplanned pregnancies and related matters. For more details, visit providentliving.ChurchofJesusChrist.org/lds-family-services/single-and-pregnant.

EMERGENCY MENTAL HEALTH

Family Services may provide specialised services following a disaster or critical incident (such as suicide) at the request of, and in consultation with, Church leaders. Services may include consultation and assessment, crisis intervention and counselling, and resource development and referral. All services are designed to increase emotional self-reliance.

ONLINE RESOURCES

Family Services (Pacific Area)

pacific.ChurchofJesusChrist.org

Counseling Resources

counselingresources.ChurchofJesusChrist.org

Abuse

abuse.ChurchofJesusChrist.org

Addiction Recovery

addictionrecovery.ChurchofJesusChrist.org

Addressing Pornography

addressingpornography.ChurchofJesusChrist.org

Mental Health

mentalhealth.ChurchofJesusChrist.org

Same-Sex Attraction

mormonandgay.ChurchofJesusChrist.org

Suicide Prevention Resources

ChurchofJesusChrist.org/get-help/suicide

For additional topics search Life Help on ChurchofJesusChrist.org

CONTACT INFORMATION (New Zealand)

Family Services Staff

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Welfare/Self-Reliance Manager

Name: Arama Puriri

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Welfare/Self-Reliance Manager

Name: Moses Armstrong

Phone: 021-633-952

Email: mosesarmstrong@ChurchofJesusChrist.org

Pacific Area Abuse Helpline: (09) 488 5592